

PSALM 67

May God be gracious to us,  
And bless us,  
Make his face to shine upon us,  
May your ways be known over the earth,  
And your salvation, among all nations.

May the peoples praise you, )  
O God, may all the peoples )  
praise you )x2

May the nations be glad and sing for joy,  
For with justice you rule,  
The peoples you guide,  
May your ways be known over the earth,  
And your salvation among all nations.

Then the harvest will come to the land,  
And God, our God, will bless us,  
God will bless us,  
And all the ends of the earth will fear him.



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Psalms

Volume One

PSALM 122

I rejoiced with those who said to me  
Let us go to the house of the Lord  
Our feet are standing in your gates, Jerusalem,  
Like a city built together,  
Where the people of God go up  
To praise the name of the Lord.  
For peace for our Jerusalem,  
And loved ones this we pray,  
May all men be secure where they must live,  
And to all my friends and brothers,  
May the peace be within you,  
For the sake of the house of the Lord.

PSALM 128

Blessed are all who fear the Lord )  
And walk in His ways )x2  
You will eat the fruits of your labour,  
You'll be blessed with prosperity  
Blessed are all who fear the Lord )x2  
And walk in His ways )x2

Your wife will be like a fruitful vine )x2  
Within your house )x2  
Your sons will be as branches around your table  
So the man who fears the Lord is blessed  
Blessed are all who fear the Lord )x2  
And walk in His ways. )x2

May the Lord from Zion bless you )x2  
All the days of your life )x2  
And may you live to see your children's children  
May you see rich and peaceful days  
Blessed are all who fear the Lord )x2  
And walk in His ways. )x2

PSALM 123

I lift my eyes to you, whose throne is in heaven x2  
Like a servant to his master, )  
Like a maid to her lady's hand )x3  
I lift my eyes to you, whose throne is in heaven x2  
We have stood the torments, )  
The laughter of the proud )x3  
We lift our eyes to you, Lord for your mercy x2

PSALM 130

Hear my voice, Lord as I cry to you x2  
Who could stand if sins were known  
and recorded?  
Hear my voice, Lord, as I cry to you,  
Hear my voice, Lord, as I cry to you,  
For mercy.

PSALM 126

When the Lord brought back captives from Zion  
We were like men who dreamed.  
Our mouths were filled with laughter,  
Our tongues with songs of joy  
Then it was said among the nations  
That the Lord has done great things,  
Yes it was said among the nations,  
He has done great things for us,  
And we are filled, we are filled with joy!

O Lord, restore our fortunes,  
Like streams in the Negev that flow  
For he who sows in tears  
Will reap with songs of joy  
And he who goes out weeping  
As he carries seed to sow  
Will return with harvest songs of joy.

PSALM 127

Unless the Lord builds the house  
The builders labour in vain.

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Unless the Lord guards the city,  
The watchmen guard it in vain.

In vain you rise early and stay up late  
Eating the bread of anxious toil  
But the Lord restores to a newness of life,  
Health and rest to those that He loves

## PSALM 124

If the Lord had not been on our side,  
Would we still be here today?  
And if the Lord had not been on our side,  
Would we not be swept away?  
But like a bird, like a bird out from the net )  
We have broken free ) x2

## PSALM 134

Praise the Lord, all you servants of the Lord,  
Who minister by night within His house  
Lift up your hands within the sanctuary, and  
praise the Lord.  
May the Lord, the maker of heaven and earth  
May this Lord bless you from Zion  
Lift up your hands within the sanctuary; and  
praise the Lord!

## PSALM 138

I will praise you Lord with all my heart  
Before the "gods" I will sing your praise  
I will bow down to your holy place  
And praise your Name!  
I will praise you for your faith and love,  
Your name and your word are above all things  
When I called you came and answered me,  
And made me bold and strong!  
May the kings of earth praise you, O Lord,  
When they hear words of your mouth,  
And may they sing of the ways of the Lord.  
For the glory of the lord is great!  
Though the Lord is high he is near to the low

But the proud He sees from far away,  
And though I walk in the midst of trouble,  
You preserve my life!  
You stretch your hand against my foes,  
And you save me by your right hand.  
The Lord will see His purpose for me.  
Your love will last forever  
Your love will last forever!

## PSALM 147

How good it is to sing praise to our God!  
The right and pleasant thing to praise His name.  
The Lord is building up Jerusalem.  
He gathers all the lost of Israel.  
He is healing the broken-hearted  
He is binding all their wounds  
He determines the stars in the heavens  
And He calls them each by name.  
Great is the Lord in power  
All things He knows.  
He casts the wicked down, but lifts the low.  
He is healing, etc.

How good it is to sing praise to our God  
The right and pleasant thing to praise His name.

## PSALM 143

Answer me quickly, Lord, my spirit faints with  
longing.  
Do not hide your face from me,  
Or I will be like one who falls away.  
Let the morning bring me word of your love  
unfailing.  
For I, have put my trust in you.  
Show to me the way that I should go.  
For to you, I lift up my soul x2  
  
Save me, from my enemies, Lord I shelter with you.  
Teach me how to do your will,  
For I know you really are my God.  
And may your spirit, lead me on level ground  
And for your name's sake, O Lord preserve my life

And the Lord is in among the trumpet  
sound, among the trumpet sound!

Sing praise to God, )  
Sing praises to the King )  
Sing praises to the King ) x2

For our God is King of all the earth,  
Sing him a psalm of praise,  
For He rules above the nations on His  
throne,  
On His holy throne.

All the people are gathered  
Of the God of Abraham,  
For the Kings of all the earth belong  
to God  
And He is lifted high!

## PSALM 56

Be merciful to me, O Lord, for men  
pursue me,  
And after me all day, they press with  
their attack,  
My slanderers pursue me all day long, x2  
And many are attacking me in their pride. x2

But when I am afraid I will trust in you,  
In God, whose word I praise, x2  
In God I trust, I will not be afraid, x2  
For what can mortal man do to me? x2

All day they twist my words, and seek  
to do me harm,  
They watch my every step, even try to  
take my life,  
On no account will you let them escape,  
But in your anger you will bring them down  
For surely my tears are recorded. x2

My enemies will turn when I cry for help,  
By this I will know that God is for me,

In God whose word I praise, yes I will  
praise the Lord,  
In God I trust I will not be afraid,  
For what can mortal man do to me?  
What can mortal man do to me?

For I am under vows to you, O my God,  
And I will come and bring,  
Thank offerings to you.  
You saved my soul from death, my feet )  
from stumbling, ) x2  
That I may walk before my God,  
That I may walk in the light of life.

## PSALM 46

God is our refuge and strength,  
An ever present help in troubled times.  
Therefore I will not fear, though the earth gives way.  
And the mountains fall in to the heart of the sea,  
Though the waters will roar and the  
mountains all quake with their surging.

There is a river whose streams cheer the  
city of God where the most high dwells,  
God is within her, she will not fall,  
God will help her at daybreak,  
Though kingdoms may fall, and all nations in uproar  
The earth melts when he lifts his voice.  
For the Lord Almighty is with us, )  
And the God of Jacob is our fortress ) x2

Come and see the works of the Lord  
And all the mighty things that he has done,  
He makes wars to cease to the ends of the earth  
He breaks bow and spear, and burns all  
their shields in the fire.

Be still, be still and know that I am God,  
I am your God  
I will be exalted in all the earth,  
In all the earth, in all the earth..

Why must I go mourning, oppressed by the enemy?  
Send forth your light, send forth your truth  
and let them guide me well.  
Let them bring me to your mountain, to  
the place where you dwell.  
Then I will go to the altar of God, my joy  
and my delight.  
And I will praise you with the harp,  
O Lord you are my God.

But why are you so sad, my soul? )  
Why so disturbed within me? ) x2  
Put your hope in God, for I will )  
yet praise him, )  
My saviour and my God. ) x2

PSALM 71 ( v 22-24)

I will praise you with the harp  
For your faithfulness, O my God,  
I will sing my praise to you,  
With the lyre, with the lyre.

O Holy One of Israel x3  
My lips will shout for joy, x2  
When I sing my praise to you, x3  
For I have been redeemed! x2  
I'll speak of all your righteous acts, x3  
And tell it all day long. x2

Those who want to harm me,  
Are put to shame, and confused,  
I will sing my praise to you,  
With the lyre, with the lyre.

PSALM 66

Come! Let us rejoice in Him x4

Shout with joy to God, all the earth!  
Sing to the glory of His name  
And offer Him praise and glory,  
Say to God "How awesome are your deeds,"  
How great your power  
Your enemies will fall down before you.

All the earth bows down to you,  
They sing their praise to you,  
Praise to your name, to your name  
Come and see what God has done,  
How awesome are his works for man,  
The sea into dry land  
And they crossed over.

Praise our God, O peoples, Let the sound of  
all his praise be heard,  
He has preserved our lives, our feet from slipping,  
As with silver, you refined us, Lord,  
Put us through water and through fire,  
And brought us to a place of abundance.

Come and listen, all who fear the Lord,  
And let me tell what he has done,  
His praise was on my tongue, as I cried to him,  
If I cherished sin within my heart,  
The Lord would not have heard my cry,  
But surely he has turned and he has listened.

If I cherished sin within my heart,  
The Lord would not have heard my cry,  
But surely he has turned and he has listened,  
He has heard my voice, praise be to God,  
My prayer he has not turned away,  
And he has not withheld his love from me.

PSALM 47

Clap your hands, all you nations,  
Shout to God with cries of joy,  
Oh, how awesome is the Lord most high,  
The King over all the earth!  
He subdued nations under us,  
The peoples under our feet,  
And he chose our inheritance for us,  
The pride of Jacob, whom he loved.

Now our God has ascended  
In the midst of shouts of joy,

And in your righteousness, lift me from trouble,  
In your unflinching love, silence my enemies.

Let the morning bring me word, of your love  
unfailing.  
For I have put my trust in you,  
Show to me the way that I should go.

PSALM 144

Praise the Lord who arms me for the fight  
He's my loving God and my castle strong.  
My guard and shield who subdues all men  
that are under me.  
O Lord what is man that you care for Him?  
The son of man that you think of him?  
Man is like a breath and his days will fly  
like a shadow.

Part the skies and come down to us.  
So the mountains smoke, and remove your foes.  
Reach down your hand and rescue me from  
the waters.

I will sing a new song to you O Lord.  
On a ten-stringed lyre I will play your songs  
To the one who gives victory to kings and  
deliverance for David.

Deliver me from my enemies, whose mouths and  
hands are full of deceit.  
Then our sons and daughters will grow like  
flowers in their beauty.  
Then our barns will be filled up with all  
we need.  
And our means of life we will see increased  
No breach of walls, no captivity, and no  
crying in the streets.

Blessed, blessed are the people of whom  
this is true.  
Blessed, blessed are the people whose God  
is the Lord.

PSALM 131

Not a proud heart, not a proud eye, )  
No concern for things too great for me ) x2  
I have stilled my soul, like a well-fed child ) x2  
For now and evermore, for now and evermore. )  
Hope is in the Lord, O Israel ) x2  
I have stilled my soul, like a well-fed child ) x2

Volume One:  
Lead Vocals: Ian White  
Choral Vocals: The 'Congregation' at the Cowdray Hall,  
Aberdeen & members of Belfast City Church  
Additional Backing Vocals: Chris Eaton  
Acoustic and Electric Guitars: Ian White  
Bass Guitar on 127, 134 and 147: Mark Shields  
Roland Jupiter 8, Juno 106 JX3P  
and Steinway Grand Piano: Chris Eaton  
Additional Keyboards: Ian White  
Drum Programming: Yamaha RX11: Chris Eaton  
Roland 707: Andy Kidd  
Cymbals and Tambourines: Ian White  
Produced By: Andy Kidd & Ian White

Volume Two

PSALM 33 (v 1-8)

Sing! Joyfully to the Lord,  
All you who are righteous,  
For it is right for you to praise His name.  
Praise the Lord, Praise him with the harp  
And make your music to Him on a ten-stringed lyre.

Sing to him a new song, sing to him a new song.  
Play it skilfully and shout for joy!

For the word of the Lord is right and true,  
And he is faithful in all that he does.  
For the Lord loves righteousness and justice  
The earth is brimming over with his unflinching love.

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By his word he has made the heavens,  
The moon and stars created,  
All the starry host by the breath of his mouth,  
And he has gathered up the waters of the seas  
and oceans,  
And put them in his store.

Let all the earth fear the Lord  
Let all the earth fear the Lord  
Let the people of the world revere his name.

## PSALM 133

How good and pleasant it is when the brothers  
live together in a unity!  
It is like an oil that is precious on the head,  
That is running down the beard,  
Running down on Aaron's beard,  
Running down on Aaron's beard,  
Down the collar of his robes.

It is like the Dew of Hermon falling on the  
mountains of Zion,  
For it is there that the Lord gives a blessing  
of life for evermore.

## PSALM 145 (excerpts)

Worthy, the Lord is worthy  
And no-one understands the greatness of His name.  
Gracious, so kind and gracious  
And slow to anger, and rich, so rich in love.  
Faithful, the Lord is faithful  
To all his promises, and loves all he has made.  
Righteous, in all ways righteous,  
And he is near to all who call on him in truth.  
My mouth will speak in praise of my Lord  
Let every creature praise his holy name.

## PSALM 8

O Lord, our Lord,  
How majestic is your name in all the earth.  
O Lord, our Lord,  
How majestic is your name in all the earth.

You have set your glory  
Above the heavens,  
And from the lips of children and babes  
You have ordained your praise,  
Because of all your enemies,  
To silence the foe.

When I think of all your heavens,  
The work of your fingers,  
The moon and stars which you set in place.  
What is man that you are mindful of him,  
The son of man that you care for him?  
Made just lower than the angels,  
And crowned him with glory  
And crowned him with honour.

You made him be a ruler  
O'er the works of your hands,  
And everything put under his feet,  
All flocks and herds and beasts of the field,  
The birds that fly above in the air,  
And the fish of the sea.

## PSALM 9 (v 1-2, 7-10)

I will praise you Lord with all my heart,  
I will tell of all your wonders.  
I will be glad and rejoice in you,  
I will sing praise to your name,

O Most High, O Most High.

The Lord will reign for evermore.  
He has set a throne for judgement,

I will praise you as long as I will live,  
In your name I will lift my hands,  
My soul will be satisfied, as with  
the richest of foods,  
With singing lips my mouth will praise you.

## PSALM 41

Blessed is he who cares about the weak,  
The Lord delivers him out of troubled times,  
He will preserve his life and protect him,  
He will bless him in the land, and not  
surrender him to his enemies,  
From sickness he'll sustain and deliver him.

I said O Lord have mercy upon me,  
Heal me for I have sinned, and all my enemies  
have said "When will he die, and his name  
removed?"  
When he comes to see me here, he leaves  
with words untrue,  
With slander in his heart, and travels all  
around and tells the world.

My enemies have whispered against me,  
imagining the worst,  
Saying he has a disease, and he will never  
rise from the place he lies,  
My friend in whom I put my trust, with  
whom I even shared all my daily bread,  
Has lifted up his heel against me.

But you, O Lord, have mercy upon me,  
Will you raise me up that I may repay,  
For I know that you are pleased with me,  
My foe does not triumph over me,  
In my integrity you will uphold me,  
And set me in your presence for ever.

Praise to the Lord, to the God of Israel, )  
For evermore. ) x2

## PSALM 42

As a deer pants for water.  
I thirst for you, Lord,  
But I have cried both day and night,  
While men say "Where's your God?"  
These things I remember  
As I pour out my soul,  
How I used to praise the Lord,  
Among the happy crowd.

Why are you so sad, my soul? )  
Why so disturbed within me? ) x 2  
Put your hope in God )  
For I will yet praise him. )  
My Saviour and my God. ) x2

I will remember you,  
From upon the mountain high,  
I hear your call in waterfalls,  
Your waves sweep over me,  
By day the lord will bring his love,  
At night I have his song,  
And to Lord of all my life,  
A prayer I carry on.

But then I say to God, my rock,  
Have you forgotten me,  
Why must I go mourning, oppressed  
by enemies,  
My bones suffer agony as I hear  
The taunt of foes,  
Saying to me all day long,  
"Where is this God of yours?"

## PSALM 43

Vindicate me, O Lord  
and plead my cause among the nations,  
Deliver me from all deceitful and all  
wicked men,  
You are my God, my stronghold,  
Why have you rejected me?

Blessed is the man who trusts the Lord,  
And turns from all the proud,  
From all those who have turned aside,  
To follow what is false,  
Many are the wonders that you have done,  
All the things you have planned,  
Were I to count they still would be  
Too many to declare,  
Too many to declare.

PSALM 30

I will exalt you, Lord, you've lifted me,  
You have not let my foes gloat over me,  
I called to you O Lord, I called for help  
And you have healed me Lord.  
You have come and rescued me, lifted me up  
from the grave,  
You have spared me Lord from going down  
I praise your holy name,  
Thank you Lord! etc.

Sing to the Lord, sing, you, you saints of his,  
Sing to the Lord and praise His Holy Name,  
His anger lasts just for a moment,  
But His favour lasts a whole life long,  
They'll be weeping in the night, but in the  
morning there'll be joy.  
Thank you, Lord! etc.

I felt secure, I said, "I'll not be moved",  
Lord when you favoured me my mountain stood,  
But when you hid your face I was dismayed,  
And I cried to you for mercy, Lord,  
Is there gain in my destruction, in my going to the  
grave  
Will the dust around me praise you,  
Or proclaim your faithfulness?  
Hear me, Lord, etc.

You turned my wailing into dancing,  
You took away my shame and gave me joy,  
So I may sing and not be silent,

And I will thank you, Lord, for ever more!  
That my heart may sing to you,  
And not be silent any more  
O Lord my God I give you thanks and praise  
for ever more,  
Thank you, Lord! etc.

PSALM 61

Hear my cry, O God, listen to my prayer,  
From the ends of all the earth I cry to you,  
I call as my heart inside grows faint,  
Lead me to the rock that is higher than I.

You have been my refuge, a strong tower  
against the foe,  
How I long to dwell in your tent,  
And take refuge in your wings,  
For you have heard my vows, O God and  
given me  
The heritage of those who fear your name.

May the years and days of the king's life  
be increased,  
May he be enthroned in the presence of God  
for ever,  
Send your faithfulness and love to protect him,  
Then I will praise your name, and keep my  
vows each day.

PSALM 63 (v 1-5)

O Lord, you are my God,  
Earnestly I seek you,  
My soul thirsts for you,  
My body longs for you,  
In a dry and weary land,  
Where there is no water.

I have seen you in the sanctuary,  
And beheld your power and glory,  
Because your love is better than life,  
My lips will glorify you.

And he will rule the people with his  
righteousness and justice.  
O Most High, O Most High.

The Lord is help for all oppressed,  
And a strength in times of trouble,  
Who know your name will trust in you  
And Lord you will never leave them,  
Who seek you, Who seek you.

PSALM 21 ( v 1-4)

O Lord, the king rejoices in your strength,  
How great is his joy in the victories you give!  
You have granted him the wishes of his heart  
And have not withheld the request of his lips.  
You welcomed him with all your richest grace  
And you placed a crown of gold upon his head.  
He asked you for life, and you gave it to him  
All length of days for ever and ever.

PSALM 23

The Lord is my shepherd, I'll lack nothing.  
He makes my lie down in greenest fields,  
He leads me beside quiet waters,  
He restores my soul.  
He guides me in paths of righteousness  
For his name's sake.  
Even though I walk through death's dark valley  
No evil need I ever fear,  
For you are with me, and your rod and staff,  
They comfort me.

A table you have set before me  
In the presence of all my foes.  
My head with oil you have anointed,  
And my cup overflows.  
Surely goodness and love will follow me  
Throughout my life, through all my days,  
And I will live in the Lord's house for always.

PSALM 31 ( v 19-24)

Be strong, take courage in your heart)  
All of you whose hope is in the Lord ) x2

How great is the goodness you have stored  
For those who seek your name,  
The goodness you give in the sight of men  
Who seek you as a refuge.  
In the depth of your presence you hide them  
Safe from all intrigues of men  
And you keep them safe from cruel tongues.

Praise to the Lord for he has shown  
His wonderful love to me.  
When I was sure I was far away  
You heard my cry for mercy.  
Be in love with the Lord all you his saints  
The Lord will preserve the man of faith  
But he will repay the proud in full.

Be strong, take courage in you heart )  
All of you whose hope is in the Lord ) x2

PSALM 3

O Lord, how many are my foes!  
How many rise against me!  
How many say of me, "God will not deliver him".

But you a shield, around me Lord,  
My glorious one, who lifts up my head.  
To the Lord I cry aloud,  
And from his holy hill He answers me.

I lie down and I sleep,  
But I wake again, sustained by the Lord.  
I will not fear ten thousand men  
Drawn up against me on every side.

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Arise, O Lord, deliver me!  
For I have seen you deal with your enemies.  
From the Lord, deliverance comes.  
May your blessing be on all your people.

## PSALM 13

How long, O Lord? Will you forget me forever?  
How long will you hide your face from me?  
How long must I wrestle with my thoughts  
And every day have sorrow in my heart?

How long will my enemy have victory?  
How long will he triumph over me?  
Look on me and answer me O Lord.  
Light my eyes or I sleep in death.

My enemy will say that, "I have overcome him",  
And all my foes will rejoice when I fall.

But I will trust in your unfailing love,  
My heart is glad in your salvation.  
And I will sing, I'll sing to the Lord,  
For he has been so good to me.

## PSALM 14

The fool says in his heart, "There is no God".  
They and their deeds are vile, and there is  
no-one who does good,  
The Lord looks down from heaven on the sons  
of men  
To see if any understand, or any who seek God.  
But all have turned aside, they have become  
corrupt,  
And there is no-one who does good, no, not even  
one.

Will evil doers never learn those who devour  
my people,  
And those who will not call on the name of the  
Lord?

See them, there they are so overwhelmed with  
dread,  
But God is present with the righteous man  
You evil doers, frustrating all the plans of the poor,  
But the Lord will keep them safe from you.  
Oh, that salvation for Israel would come out of Zion!  
When the Lord restores the fortunes of his people,  
Let Jacob sing for joy and Israel be glad!

## PSALM 32

Blessed is he whose transgressions are forgiven,  
whose sins are covered.  
Blessed the man whose sin the Lord will never  
count against him,  
And in whose spirit there is no deceit.

When I kept dumb, I felt as though my body  
wasted through all my groaning.  
All day and night your hand was heavy down  
against me  
My strength was weakened as in the summer heat.

Then I confessed, and spoke of all my sin out to you,  
out in the open.  
I said "I'll confess and tell the Lord of my  
transgressions".  
And you forgave me the guilt of all my sins.

Therefore let everyone who loves the Lord pray  
to you while you may be found,  
Surely when the mighty waters rise,  
They will not reach him.  
You are my Lord, you are my refuge and protector,  
And you surround me with songs of deliverance.

Instruction I'll give and I will teach you in the ways  
to go, I'll watch and guide you.  
Do not be like the horse or mule who have no  
understanding,  
Who must be bridled before they come to you.

The torments and woes of wicked men are many  
numbered, so many troubles:  
But the Lord's ceaseless love, this love of his  
that is unfailing,  
Surrounds the servant who puts his trust in him.

Rejoice, be joyful in the Lord, be glad, all of you,  
all you righteous men.  
Sing, sing your praises to the Lord,  
All of you who are upright in heart.

You are my Lord, you are my refuge and protector,  
And you surround me with songs of deliverance,  
Songs of deliverance, etc.

## PSALM 20

May the Lord answer you when you are in distress,  
And may the name of the God of Jacob protect you,  
And may He send you help from the sanctuary  
And grant you support from Zion.

May He remember, all your sacrifice  
And may He accept the offering you bring.  
And may He grant you all the desires of your heart  
And make all your plans succeed.

We will shout for joy when we see your victory  
Ans we will lift our banners in the name of the Lord  
our God.  
I know the Lord will save his anointed one,  
And with power answer him from Heaven.

Now some have put their trust in the power of  
the world,  
But we have put our trust in the name of the Lord  
our God.  
Though they may be cast down we will rise and stand  
Lord answer us when we call.

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Chris Eaton

Produced By  
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## Volume Three

### PSALM 40 ( v 1-5)

I waited patiently for the Lord,  
he turned and heard my cry,  
He lifted me from the pit,  
Out from the mud and mire,  
He put my feet on a rock,  
And gave me a firm place to stand,  
He put a new song in my mouth,  
A hymn of praise to God,  
A hymn of praise to God.

Many will see, )  
Many will fear, )  
And many will put their trust )  
in the Lord! ) x2